

STRUGGLING WITH ADHD?





Based on the Isle of Man

Book a FREE 30-Min Consultation Today!

- 😚 www.neuronudgecoaching.com
- Maril.com neuronudgecoaching@gmail.com
- Facebook: NeuroNudge ADHD Support

Who Can Benefit?

- Individuals with ADHD seeking personalised coaching to enhance their daily life.
- Parents of children with ADHD looking for guidance and strategies to support their child's journey.
- Those navigating the diagnostic process and wanting to understand ADHD better.
- Businesses aiming to create inclusive environments for employees with ADHD.

ADHD:



Finding strength in the struggle and brilliance in the journey

